



Thank you for your interest in OSMA's Mentorship Program. Let's face it, the first few years of medical practice can be daunting. OSMA is committed to helping our newest physicians get their practice off on the right foot. Through this program, we will pair OSMA members under the age of 40 and/or in their first 8 years of practice with a more-experienced physician.

How it Works

OSMA will work to pair mentors/mentees to align with your specialty area, years of practice experience, noted areas of interest, and geographic area.

Once paired, OSMA will provide you with support throughout the year to help your mentor/mentee relationship develop a mutually beneficial rapport. This support will include:

- Monthly emails with suggested conversation topics and reminders about OSMA resources
- Check-ins to make sure your relationship is a good fit
- Virtual and/or in-person activities and events planned for the Mentorship Program

"Having a diverse collection of mentors has allowed me to explore all my career options and is helping me figure out how to build the career I want."

- Michelle I. Knopp, MD

Roles & Expectations

For Mentors:

- 1. Must be a member of OSMA for at least 2 years
- 2. Have professional practice experience
- 3. Be willing to connect with mentees:
 - Once a month by phone or text
 - 2-3 times a month by email

For Mentees:

- Must be a member of OSMA
- 2. Be under 40 and/or in first 8 years of practice; a resident/fellow, or part of **OSMA's Young Physicians Section**
- 3. Be willing to connect with mentors:
 - Once a month by phone or text
 - 2-3 times a month by email

Bringing physicians together for a healthier Ohio.



