# MEMBER BENEFIT MENTORSHIP PROGRAM

Thank you for your interest in OSMA's **Mentorship Program**. Let's face it, the first few years of medical practice can be daunting. OSMA is committed to helping our newest physicians get their practice off on the right foot. Through this program, we will pair OSMA members under the age of 40 and/or in their first 8 years of practice with a more-experienced physician.

Ohio State Medical Association

## **How it Works**

OSMA will work to pair mentors/mentees to align with your specialty area, years of practice experience, noted areas of interest, and geographic area.

Mentoring in the healthcare profession has been around for a long time, and it's proven to be one of the best ways to achieve personal and professional growth—whether you're a mentor or mentee. Thank you for your interest in this program. The program's process is organic, and the participating pairs will determine how often you speak, email and follow up based on your circumstances and personal schedules. "Having a diverse collection of mentors has allowed me to explore all my career options and is helping me figure out how to build the career I want."

- Michelle I. Knopp, MD

## **Roles & Expectations**

#### **For Mentors:**

- 1. Must be a member of OSMA for at least 2 years
- 2. Have professional practice experience
- 3. Be willing to connect with mentees:
  - Once a month by phone or text
  - 2-3 times a month by email

#### **For Mentees:**

- 1. Must be a member of OSMA
- 2. Be under 40 and/or in first 8 years of practice; a resident/fellow, or part of OSMA's Young Physicians Section
- 3. Be willing to connect with mentors:
  - Once a month by phone or text
  - 2-3 times a month by email

### Bringing physicians together for a healthier Ohio.

