

## Prescription Drug Documentation – examples

Medication name	Used for (and frequency with expected response)	Risk and benefits	Any additional comments
Abilify	This is used to treat your mood issues related to (bipolar, schizophrenia,...) take as directed and it may take a few weeks for the full effect of medication	Common side effects include nausea, dizziness, insomnia and constipation that tend to resolve over time, the most common side effect is headaches	Make sure to tell your physician any other medications you are taking as it may interact with them. Do not stop taking medication without first talking with me.
Clozapine	This medication is used to treat forms of schizophrenia who have not responded to other medications	This is a high risk medication that requires close monitoring but is very effective for some patients. Side effects include fainting, heart palpitations	Make sure to tell your physician any other medications you are taking as it may interact with them. Do not stop taking medication without first talking with me.
Xanax	Is used for anxiety disorders and must be taken as directed to work properly	Side effects may include drowsiness, headache, tiredness and concentration.	Make sure to tell your physician any other medications you are taking as it may interact with them. Do not stop taking medication without first talking with me.
Prozac	Is used to as a mood stabilizer and in some cases OCD. This may take up to 2-8 weeks for a full response to the medication	This medications sometimes causes nervousness, nausea, dry mount and sleep issues, in some cases weight loss	Make sure to tell your physician any other medications you are taking as it may interact with them. Do not stop taking medication without first talking with me.
Zoloft	Is use for mood issues, OCD and PTSD and social anxiety and may take 4-6 weeks to feel the full effect of the medication	Common side effects include diarrhea, drowsiness, headaches, decreased libido and may cause weight gain	Make sure to tell your physician any other medications you are taking as it may interact with them. Do not stop taking medication without first talking with me.
Lamictal	Is used with bipolar issues	Common side effects include dizziness, vision, dry mouth, drowsiness and sleep issues	Make sure to tell your physician any other medications you are taking as it may interact with them. Do not stop taking medication without first talking with me.
Spravato	Is used with MDD not response to standard treatment that is administered....	Common side effects include some anxiety, dizziness, BP issues, tiredness, most resolve in a few hours.	This is a high risk medication that requires close monitoring by me.

Levothyroxine	Levothyroxine used for underactive thyroid	Taken onlethartyce a day in the morning 30 minutes prior to eating - This medication reduces the symptoms of underactive thyroid. The side effect may include heat intolerance and rarely weight issues, headache	Lab monitoring for correct dosing
Hydrochlorothiazide	Hydrochlorothiazide – used for HTN	Taken once a day, usually in the AM - Helps to lower blood pressure, side effects may include frequent urination, diarrhea, headaches	Monitoring home and office BP with lab work
Lipitor	This medication is used to help lower bad cholesterol combined with a healthy diet and exercise to reduce risks of cardiovascular events	This medication should be taken at night and has potential side effects of fatigue, memory loss and in rare cases peripheral neuropathy	Lab monitoring
Advair	Advair Diskus is used to treat asthma	This medication works by relaxing the airway to improve breathing. Side effects may include URI, soar throat, thrush, and occasional cough, headache	Monitoring of asthma symptoms and spirometry based on disease progress
Advil	Advil is commonly used to manage pain and is an OTC medication	Constant use has risks for stomach ulcers, kidney damage and high blood pressure	

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